



# 2010

June 6 - September 6



# **About the Facility**

# Mary T. Meagher Aquatic Center

#### 201 Reservoir Avenue Louisville KY 40206

phone **502/897-9949** fax **502/897-2549** 

email parks@louisvilleky.gov web www.metro-parks.org

#### Hours

Monday through Friday, 5:30 a.m.-8:15 p.m. (pool closes at 8 p.m.)
Saturday, 9 a.m.-5 p.m. (pool closes at 4:45 p.m.)
Sunday, Closed

#### **Facility and Park Amenities**

The facility includes:

- Olympic (50 meter) 11-lane competition swimming pool
- Therapy pool
- Weight room

Crescent Hill Park also has:

- Lighted tennis courts
- Crescent Hill Golf Course -9 holes
- Louisville Water Company Reservoir-0.75 mile walking path

Programs offered by Metro Parks Aquatics include:

- Aqua aerobics
- Aqua therapy classes
- Arthritis and deep water classes
- Birthday parties

Mary T. Meagher is the greatest butterfly swimmer ever. For her feats she earned the nickname "Madame Butterfly." Meagher won three gold medals at the 1984 Olympics, in both butterfly events (100m and 200m) and in the 4x100m medley relay. In 1988, by then past her prime, she earned a bronze in the 200m butterfly and a silver in the medley 4x100m relay. Meagher would likely have won both events in 1980, had the United States not boycotted the Moscow



Olympics. She was world champion in 1982 over 100m and in 1986 over 200m. She set two world butterfly records over 100m, and five over 200m, beginning in 1979. Her performance at the 1981 U.S. Nationals remains her greatest effort, when she set world records of 57.93 for 100m, and 2:05.96 for 200m. These records, extremely dominant for their time, both lasted until 1999 before being broken. Her full name was Mary Terstegge Meagher, with her middle name derived from her mother's maiden name. Meagher was always known as Mary T. to differentiate her from a sister who later entered a convent, to literally become a sister, Sister Mary Glen.

© www.olympic.org

- Pre-competitive training
- Swim lessons for all ages
- Dive-in movie

#### Staff

**Scott Risinger Aquatics Manager** scott.risinger@louisvilleky.gov **Keith Smith Aquatics Supervisor** keith.smith@louisvilleky.gov **Cason Nelson Head Lifeguard** cason.nelson@louisvilleky.gov **Head Lifequard Kathleen Davis** kathleen.davis@louisvilleky.gov **Susan Mahoney** Information Specialist • General Questions susan.mahoney@louisvilleky.gov Yolanda Allen Administrative Clerk yolanda.allen@louisvilleky.gov

The mission of Louisville Metro Parks is to create a City of Parks where people can play, learn, grow and be healthy. The mission is accomplished by taking care of all parks properties and creating new ones, by providing safe and diverse recreational programs, and by protecting our public lands and resources for future generations.

# **Holidays and Other Closures**

### **Swim Meets**

July 17 • KSA Meet

Limited lap lanes, Limited parking, no Aqua Aerobic classes, no Swim Lessons or Recreation Swim, and the Therapy Pool is closed.

### Closed

May 31, Memorial Day Monday, July 5 (Fourth of July observed) September 6, Labor Day

From August 1 to September 7, the facility will be closed for maintenance. The center will reopen September 8, 2010.

### Information

The Metro Parks Aquatics Office is located at 201 Reservoir Avenue, between Frankfort Avenue and Brownsboro Road (see map on the back of this schedule).

For additional program information, call Keith Smith at 502/897-9949, x 26.

# **Facility Hours and Membership**

### **Lap Swim and Weight Room Hours**

Monday through Friday 5:30 a.m.-8:15 p.m. (pools close at 8 p.m.) Saturday 9 a.m.-5 p.m. (pools close at 4:45 p.m.) Sunday Closed

#### **Summer Recreational Swim Hours**

Specified lanes may be used for non-lap swim during the following times:

Monday through Thursday Noon-4 p.m. & 6:30-8 p.m. Friday Noon-8 p.m. Saturday Noon-4:45 p.m. Building closes 15 minutes after pool closes.

Therapy Pool open hours are on page 4.

Children under 8 must be accompanied by a person 12 or older. Those 9 and older must have an ID to enter the facility. IDs may be made at the Mary T. Meagher Aquatic Center during regular business hours. Cost is \$4. You must provide proof of name and address.

#### Fees

See attached sheet for prices and new memberships.

Children (3-12) \$3 Adults (13 and older) \$5.50 Seniors (60 and older) \$4.50

**Therapy Pool Only** \$3.50 (1 hour maximum per visit; you must

have a doctor's consent form on file)

12-Visit Lap Swim/Weight Room Punch Card Adults \$60 • Children \$30

		Memberships		PLEASE
<b>Monthly Pass</b>	8	Yearly Pass		CHECK
Individual	\$45	Individual	\$355	POSTED
		Family*		LANE
Senior Passes	Available to	ASSIGNMENTS		
Monthly Pass		Yearly Pass		FOR
Individual		IndividualFamily*		LANE
* Family members must all live in the same household				AVAILABILITY!

### **New All-inclusive Yearly Memberships**

Best value! Includes all Aqua and Therapy classes, and one free birthday party for up to 10 people; does not include swim lessons/programs.

Individual	\$555
Family	<b></b> \$720
Senior Individual	\$520
Senior Family	\$670

Patrons who pay the daily fees or have monthly/yearly passes may use the Weight Room. Youths under the age of 15 must have direct supervision by a parent or responsible adult when using weight equipment.

### **Aqua Exercise**

### **Mondays, Wednesdays and Fridays**

7-8 a.m. Deep Water Class\*

8-9 a.m. Introduction to Deep Water / Deep Water Class (Monday & Wednesday only)\*

8-9 a.m. Aqua Exercise

9-10 a.m. Cardiac Class (Monday & Wednesday only)

9-10 a.m. Aqua Exercise 10-11 a.m. Aqua Exercise 11 a.m.-Noon Aqua Exercise

5:30-6:30 p.m. Aqua Exercise (Monday & Wednesday only)
6:30-7:30 p.m. Deep Water\* (Monday & Wednesday only)

### **Tuesdays and Thursdays**

7-8 a.m. M.S. and related conditions

8-9 a.m. Aqua Exercise

9-10 a.m. **Pre- and Post-Natal Class** (Thursday only)

9-10 a.m. Aqua Exercise 10-11 a.m. Aqua Exercise

10-11 a.m. **Deep Water** (Thursday only)

11 a.m.-Noon Deep Water

11 a.m.-Noon Waterwalking/Arthritis

Noon-1 p.m. Yoga in Therapy Pool (Tuesday only)

### **Saturdays**

11 a.m.-Noon Deep Water\*
Noon-1 p.m. Aqua Exercise

REMEMBER TO LOCK YOUR LOCKER!!!

### Fees for Aqua Exercise Classes held in the Olympic Pool

If you purchase a monthly/yearly pass, the daily fee is \$3, or you may purchase a 12-visit Exercise Card for \$33. Monthly members may only purchase a maximum of 2 punch cards during their corresponding membership period.

If you do not purchase a monthly/yearly pass, the daily fee is \$6, or you may purchase a 12-visit Exercise Card for \$60.

You may take a second class on the same day for only \$1!

\*Participants must be comfortable in deep water.

# Therapy Pool Schedule

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
7 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8 a.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
9 a.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Swim Lessons
10 a.m.	CLOSED	Arthritis Class	Open Time	Arthritis Class	Open Time	Stroke Club	Swim Lessons
11 a.m.	CLOSED	Arthritis Class	Open Time	Arthritis Class	Open Time	Arthritis Class	Open Time
Noon	CLOSED	Arthritis Class	Yoga	Arthritis Class	Aqua Chi	Arthritis Class	Open Time
1 p.m.	CLOSED	Arthritis Class	Open Time <sup>†</sup>	Arthritis Class	Adapted Leisure	Arthritis Class	Open Time
2 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Open Time
3 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	CLOSED
4 p.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
5 p.m.	CLOSED	Warm Water Workout	Open Time	Warm Water Workout	Open Time	Warm Water Workout	CLOSED
6 p.m.	CLOSED	Swim Lessons	Swim Lessons	Swim Lessons <sup>†</sup>	Swim Lessons	Open Time	CLOSED
7 p.m.	CLOSED	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	CLOSED
8 p.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

# Fees for Aqua Exercise Classes held in the Therapy Pool

If you purchase an Aquatic Center monthly, yearly or family pass, classes are free.

If you do not purchase an Aquatic Center monthly, yearly or family pass, classes are \$4.25 per day – or you may purchase a 12-visit Aqua Card for \$40.

All persons using the Therapy Pool must have a consent form signed by a doctor on file. Forms may be obtained at the front desk.

<sup>†</sup>Home of the Innocents aqua program on the first Tuesday and last Wednesday of each month.

# **Weekday Swim Lessons**

#### **Preschool** • 3 to 5 years old • Monday-Friday morning lessons

Session I	June 7-June 11	9 a.m.	5 Lessons	Level I, II, III	\$32
Session I	June 7-June 11	10:20 a.m.	5 Lessons	Level I, II, III	\$32
Session II	June 14-June 18	9 a.m.	5 Lessons	Level I, II, III	\$32
Session II	June 14-June 18	10:20 a.m.	5 Lessons	Level I, II, III	\$32
Session III	June 21-June 25	9 a.m.	5 Lessons	Level I, II, III	\$32
Session III	June 21-June 25	10:20 a.m.	5 Lessons	Level I, II, III	\$32
Session IV	June 28-July 2	9 a.m.	5 Lessons	Level I, II, III	\$32
Session IV	June 28-July 2	10:20 a.m.	5 Lessons	Level I, II, III	\$32
Session V*	July 6-July 9	9 a.m	4 Lessons	Level I, II, III	\$25
Session V*	July 6-July 9	10:20 a.m.	4 Lessons	Level I, II, III	\$25
Session VI	July 12-July 16	9 a.m.	5 Lessons	Level I, II, III	\$32
Session VI	July 12-July 16	10:20 a.m.	5 Lessons	Level I, II, III	\$32
Session VI	July 19-July 23	9 a.m.	5 Lessons	Level I, II, III	\$32
Session VI	July 19-July 23	10:20 a.m.	5 Lessons	Level I, II, III	\$32
Session VI	July 26-July 30	9 a.m.	5 Lessons	Level I, II, III	\$32
Session VI	July 26-July 30	10:20 a.m.	5 Lessons	Level I, II, III	\$32

<sup>\*</sup>No class Monday, July 5.

#### **Preschool** • 3 to 5 years old • Monday-Thursday evening lessons

Session I	June 7-June 10	4:30 p.m.	4 Lessons	Level I, II, III	\$25
Session I	June 7-June 10	5:50 p.m.	4 Lessons	Level I, II, III	\$25
Session II	June 14-June17	4:30 p.m.	4 Lessons	Level I, II, III	\$25
	June 14-June 17	5:50 p.m.	4 Lessons	Level I, II, III	\$25
Session III	June 21-June 24	4:30 p.m.	4 Lessons	Level I, II, III	\$25
Session III	June 21-June 24	5:50 p.m.	4 Lessons	Level I, II, III	\$25
Session IV	June 28-July 1	4:30 p.m.	4 Lessons	Level I, II, III	\$25
Session IV	June 28-July 1	5:50 p.m.	4 Lessons	Level I, II, III	\$25
Session V* Session V*	July 6-July 8	4:30 p.m.	3 Lessons	Level I, II, III	\$19
	July 6-July 8	5:50 p.m.	3 Lessons	Level I, II, III	\$19
Session VI	July 12-July 15 July 12-July 15	4:30 p.m. 5:50 p.m.	4 Lessons	Level I, II, III Level I, II, III	\$25 \$25
Session VI Session VI	July 19-July 22 July 19-July 22 July 26-July 29	4:30 p.m. 5:50 p.m. 4:30 p.m.	4 Lessons 4 Lessons 4 Lessons	Level I, II, III Level I, II, III Level I, II, III	\$25 \$25 \$25
Session VI	July 26-July 29	5:50 p.m.	4 Lessons	Level I, II, III	\$25

<sup>\*</sup>No class Monday, July 5.

There will be no make-up classes, unless the Mary T Meagher Aquatics Center must cancel a class. That class will then be made up. We are sorry for any inconvenience.

#### Registration

All classes require paid registration prior to participation and are on a first-come, first-served basis. Each class is limited to 6 students. Cash, check, Mastercard and Visa are accepted (driver's license number, date of birth and telephone number are required on all checks). Make checks payable to Metro Parks. Payment must be made in person at the Mary T. Meagher Aquatic Center, 201 Reservoir Avenue, Louisville, KY 40206.

# **Weekday Swim Lessons**

#### **Grade school** • 5 to 14 years old • Monday-Friday morning lessons

Session I	June 7-June 11	9:40 a.m.	5 Lessons	Level I, II, III	\$32
Session I	June 7-June 11	11 a.m.	5 Lessons	Level I, II, III	\$32
Session II	June 14-June 18	9:40 a.m.	5 Lessons	Level I, II, III	\$32
Session II	June 14-June 18	11 a.m.	5 Lessons	Level I, II, III	\$32
Session III	June 21-June 25	9:40 a.m.	5 Lessons	Level I, II, III	\$32
Session III	June 21-June 25	11 a.m.	5 Lessons	Level I, II, III	\$32
Session IV	June 28-July 2	9:40 a.m.	5 Lessons	Level I, II, III	\$32
Session IV	June 28-July 2	11 a.m.	5 Lessons	Level I, II, III	\$32
Session V*	July 6-July 9	9:40 a.m.	4 Lessons	Level I, II, III	\$25
Session V*	July 6-July 9	11 a.m.	4 Lessons	Level I, II, III	\$25
Session VI	July 12-July 16	9:40 a.m.	5 Lessons	Level I, II, III	\$32
Session VI	July 12-July 16	11 a.m.	5 Lessons	Level I, II, III	\$32
Session VI	July 19-July 23	9:40 a.m.	5 Lessons	Level I, II, III	\$32
Session VI	July 19-July 23	11 a.m.	5 Lessons	Level I, II, III	\$32
<b>Session VI</b>	July 26-July 30	9:40 a.m.	5 Lessons	Level I, II, III	\$32
Session VI	July 26-July 30	11 a.m.	5 Lessons	Level I, II, III	\$32

<sup>\*</sup>No class Monday, July 5.

#### **Grade school** • 5 to 14 years old • Monday-Thursday evening lessons

Session I	June 7-June 10	5:10 p.m.	4 Lessons	Level I, II, III	\$25
Session I	June 7-June 10	6:30 p.m.	4 Lessons	Level I, II, III	\$25
Session II	June 14-June17	5:10 p.m.	4 Lessons	Level I, II, III	\$25
Session II	June 14-June 17	6:30 p.m.	4 Lessons	Level I, II, III	\$25
Session III Session III	June 21-June 24	5:10 p.m.	4 Lessons	Level I, II, III	\$25
	June 21-June 24	6:30 p.m.	4 Lessons	Level I, II, III	\$25
Session IV Session IV	June 28-July 1	5:10 p.m.	4 Lessons	Level I, II, III	\$25
	June 28-July 1	6:30 p.m.	4 Lessons	Level I, II, III	\$25
Session V* Session V*	July 6-July 8	5:10 p.m.	3 Lessons	Level I, II, III	\$19
	July 6-July 8	6:30 p.m.	3 Lessons	Level I, II, III	\$19
Session VI Session VI	July 12-July 15 July 12-July 15 July 19-July 22	5:10 p.m. 6:30 p.m. 5:10 p.m.	4 Lessons 4 Lessons 4 Lessons	Level I, II, III Level I, II, III Level I, II, III	\$25 \$25 \$25
Session VI Session VI Session VI	July 19-July 22 July 26-July 29 July 26-July 29	6:30 p.m. 5:10 p.m. 6:30 p.m.	4 Lessons 4 Lessons 4 Lessons	Level I, II, III Level I, II, III Level I, II, III	\$25 \$25 \$25 \$25
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<sup>\*</sup>No class Monday, July 5.

There will be no make-up classes, unless the Mary T Meagher Aquatics Center must cancel a class. That class will then be made up. We are sorry for any inconvenience.

#### **Discounts**

Patrons with monthly or yearly passes receive a \$5 discount for each swimmer. Register more than one family member at the regular price, for the same session, and receive a \$5 discount for each additional swimmer. For more information about these programs call 502/897-9949.

### **Saturday Swim Lessons**

#### Baby Splash · 6 months to 3 years old

Tuesdays	June 1-July 20	6 p.m.	8 lessons	Level I	\$50
Tuesdays	June 1-July 20	6:30 p.m.	8 lessons	Level I	\$50
Tuesdays	June 3-July 22	6 p.m.	8 lessons	Level II	\$50
Tuesdays	June 3-July 22	6:30 p.m.	8 lessons	Level III	\$50
Saturdays	June 12-July 31	8:30 a.m.	6 Lessons	Level III	\$37.50
Saturdays	June 12-July 31	9:30 a.m.	6 Lessons	Level II	\$37.50
Saturdays	June 12-July 31	10 a.m.	6 Lessons	Level I	\$37.50

No class Saturday, July 3, due to the Fourth of July weekend, or July 17 due to swim meet.

#### Preschool • 3 years to 5 years old

Saturdays	June 12-July 31	9 a.m.	6 Lessons	Level I, II, III	\$37.50
Saturdays	June 12-July 31	10:30 a.m.	6 Lessons	Level I, II, III	\$37.50

No class Saturday, July 3, due to the Fourth of July weekend, or July 17 due to swim meet.

#### Grade School • 5 years to 14 years old

Saturdays	June 12-July 31	9:40 a.m.	6 Lessons	Level I, II,	\$42.50
Saturdays	June 12-July 31	11:10 a.m.	6 Lessons	Level II, III	\$42.50

No class Saturday, July 3, due to the Fourth of July weekend, or July 17 due to swim meet.

#### Adults · 15 years and older

Saturdays	June 12-July 31	Noon	6 Lessons	Level I, II	\$42.50	
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No class Saturday, July 3, due to the Fourth of July weekend, or July 17 due to swim meet.

There will be no make-up classes, unless the Mary T Meagher Aquatics Center must cancel a class. That class will then be made up. We are sorry for any inconvenience.

#### ABOUT SWIM LESSONS . . .

Our staff utilizes the American Red Cross swim lesson program, which covers skills and knowledge in a logical progression of skill development levels, described below. Refer to the descriptions to determine preschool or grade school placement.

**Level I** Introduction to water skills. Getting comfortable with the face in the

water, floating and kicking on front and back.

**Level II** Fundamental aquatic skills. Begin independent performance of front

and back floats and glides, front and back crawl a short distance.

**Level III** Stroke development. Coordinate front and back crawl strokes, treading

water, and introduce butterfly and diving.

#### Registration

All classes require paid registration prior to participation and are on a first-come, first-served basis. Each class is limited to 6 students. Cash, check, Mastercard and Visa are accepted (driver's license number, date of birth and telephone number are required on all checks). Make checks payable to Metro Parks. Payment must be made in person at the Mary T. Meagher Aquatic Center, 201 Reservoir Avenue, Louisville, KY 40206.

#### Discounts

Patrons with monthly or yearly passes receive a \$5 discount for each swimmer. Register more than one family member at the regular price, for the same session, and receive a \$5 discount for each additional swimmer. For more information about these programs call 502/897-9949.

# Baby Splash

The Baby Splash program is designed to give your child an introduction to the water and includes fundamental swimming and recovery skills. Until toilet trained, babies must wear tight-fitting swimsuits.

Classes are limited to nine participants. Depending on size, class may be restricted to only one parent in the water with each baby.

**Level 1** Parent and child together • An introduction to the water

**6-12 months** as well as swimming and recovery skills.

**Level 2** Parent and child together • Improve fundamental swimming and recovery skills. Level I prerequisite.

**Level 3** Parent and child together • Improve fundamental swimming and recovery skills. Some independent

swimming will occur. Level II prerequisite.

#### O Tuesdays

Session I · June 1-July 20 (8 classes)

**6-6:30 p.m.** Baby Splash I **6:35-7:05 p.m.** Baby Splash II

#### O Thursdays

Session II · June 3- July 22 (8 classes)

**6-6:30 p.m.** Baby Splash II **6:35-7:05 p.m.** Baby Splash III

#### Saturdays

Session III · June 12-July 31 (6 classes; no class July 3 or 17)

 8:30-9 a.m.
 Baby Splash III

 9:30-10 a.m.
 Baby Splash II

 10-10:30 a.m.
 Baby Splash I



**6 Week Session** \$37.50 **8 Week Session** \$50



# **Birthday Parties**

### AVAILABLE DURING RECREATIONAL SWIM HOURS!

Mary T. Meagher Aquatic Center will provide:

- Certified Lifequards
- 1-meter Diving Board
- Water Basketball
- Tables and Chairs

You may bring:

- Food
- · Birthday cake
- · Decorations, etc.

Please do not bring:

Glass containers or confetti

### **Friday Parties**

The pool opens at 6 p.m. and closes at 8 p.m. All visitors must be out of the facility by 8:15 p.m.

#### **Party Room**

6-8 p.m. • \$6/swimmer

#### **Deck Party**

6-8 p.m. • \$5/swimmer



#### **Saturday Parties**

Saturday parties are 2 hours only.
Please have your area cleaned
up no later than 15 minutes
after your party has ended.

#### **Party Room**

Noon-2 p.m. • \$6/swimmer 2:45-4:45 p.m. • \$6/swimmer

#### **Deck Party**

Noon-2 p.m. • \$5/swimmer 2:45-4:45 p.m. • \$5/swimmer

#### Registration and Information

Reservations must be made in person, and are on a first-come, first-served basis. All birthday parties require a non-refundable registration fee - \$25 for members and \$45 for non-members - which is due at the time the party date is reserved (this fee does not apply to the final cost of the party). A non-refundable \$10 fee is assessed if you change the party's date.

Cash, check, Mastercard and Visa are accepted (driver's license number, date of birth and telephone number are required on all checks). Make checks payable to Metro Parks, and payment must be made in person at the Mary T. Meagher Aquatic Center, 201 Reservoir Avenue, Louisville KY 40206.

\*Children age 2 and under will be charged for reserved birthday parties.



